Top 10 Test-Taking Tips

- **Give Yourself Time:** Get to your testing location 5-10 minutes early to get settled.
- **Familiarize Yourself:**
  - Look at the layout of your exam. Are you able to skip or flag questions?
  - Read all instructions.
  - Skim test questions.
- **Be Kind to Yourself:**
  - Self-talk is powerful! Positive self-talk can be encouraging!
- **Know Where to Start:**
  - If you are able, begin where you feel most comfortable: first question, last question, or somewhere in the middle.
- **Process for Answering:**
  - What type of question is it?
  - What is the topic? Do you understand what the question asks?
  - Have you ruled out any distractors?
- **Check for Absolutes:**
  - Absolutes cause most statements to be wrong.
  - Examples: all, never, no, always, none, every, only
- **Consider the Question:**
  - Ask yourself: What does my professor want me to know from this question?
- **Trust Your Gut:** Do not change your original answer unless you are confident.
- **Consider the Odds:**
  - Research shows that in T/F questions, the answer is more likely to be true. It's harder to create a false answer.
  - Partial credit is better than no credit.
- **Review Your Work:** Review your answers and check for mistakes you may have made during your test.